



ATTITUDE IS EVERYTHING

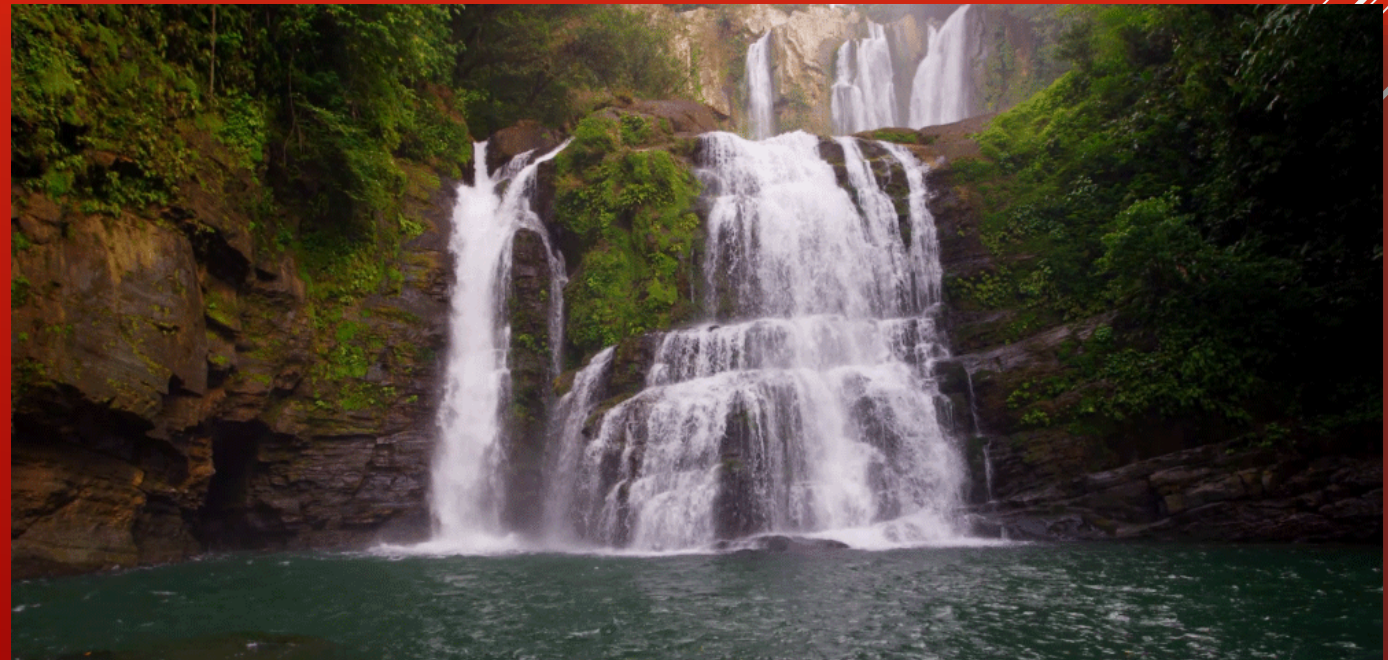
By: Keith Harrell



- ▶ Each morning I exercise my power of choice. I choose to be happy in spite of external conditions.

MATTER OF CHOICE

By: Keith Harrell



► Attitude determines whether you're living life or whether life is living you—you're on the way or in the way.

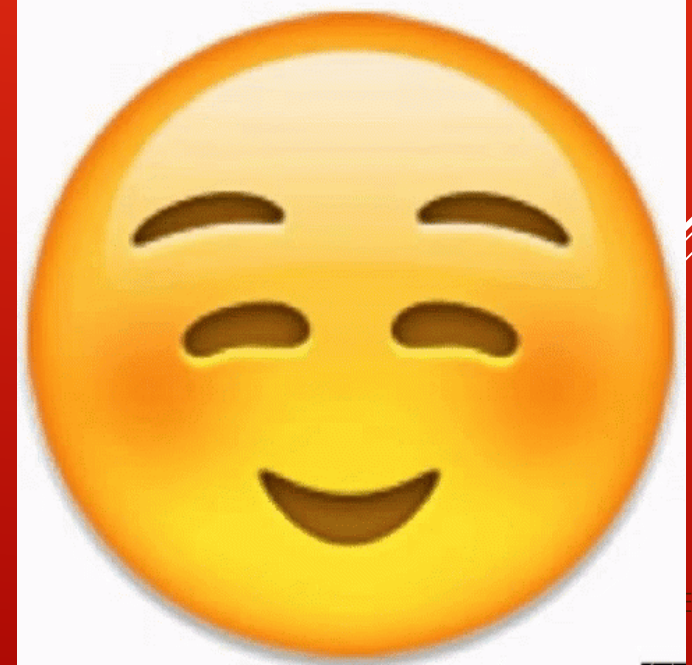
ATTITUDE

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► For true happiness, look within yourself. It's difficult to be happy if you rely on outside resources.

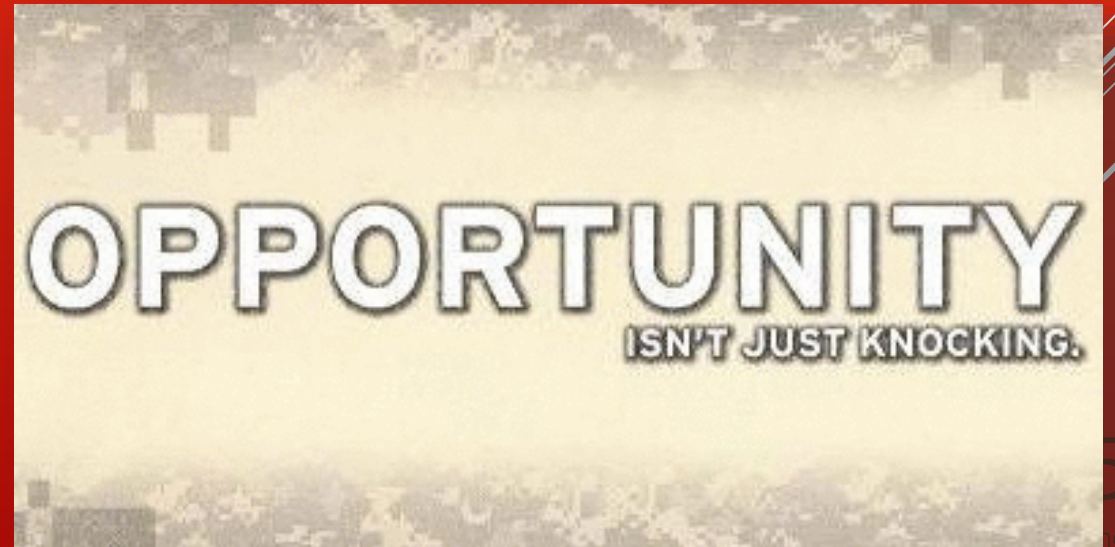
HAPPINESS



► When your attitude improves so do your circumstances.

OPPORTUNITIES

By: Keith Harrell



► Today I release my
emergency brakes
(everything that is holding me
back). I release anger,
resentment, envy hatred and
debt... I am free!

RELEASE

By: Keith Harrell



► Take a minute think about all positive things in your life.

THINK

By: Keith Harrell





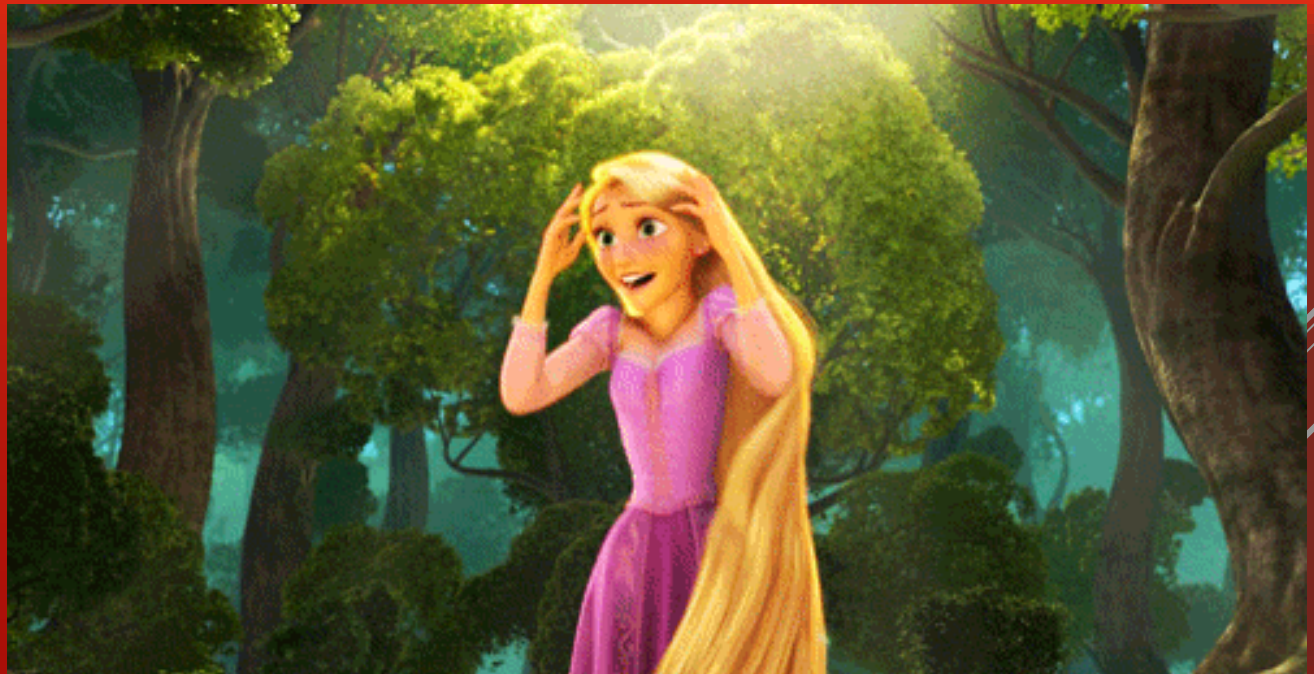
FOCUS

FOCUS

Today I focus on
the power of my
attitude and
create from it
that experience
of happiness. 8

► Happiness is yours to create.

HAPPINESS



- ▶ I count my blessings and name them one by one, I am grateful for what I have and hopeful for what I do not have.

BLESSINGS



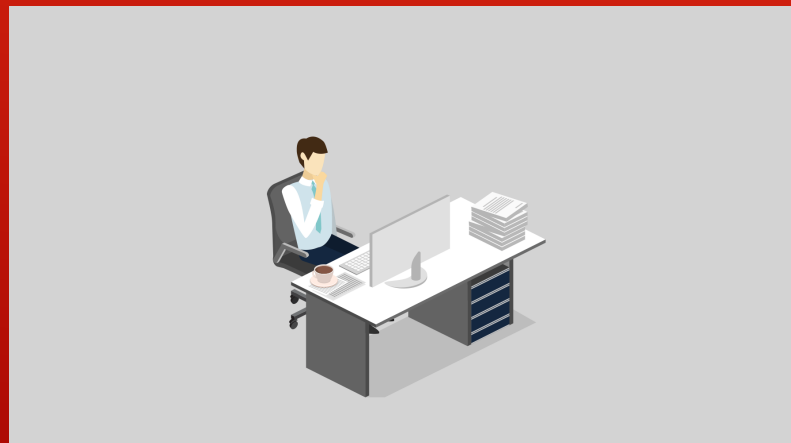


TAKE

Take a moment to think about all the positive things in your life.

►The circumstances I face make me a better person I face the challenges that come my way and transform every one, into an opportunity for growth.

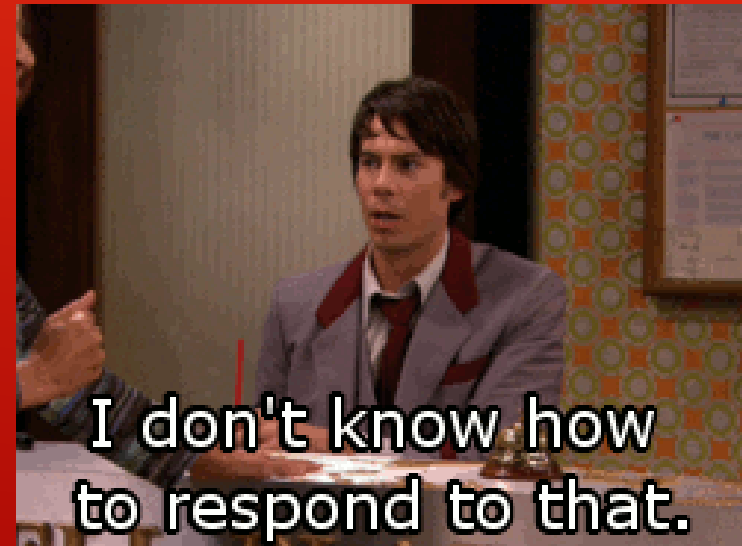
CHALLENGES

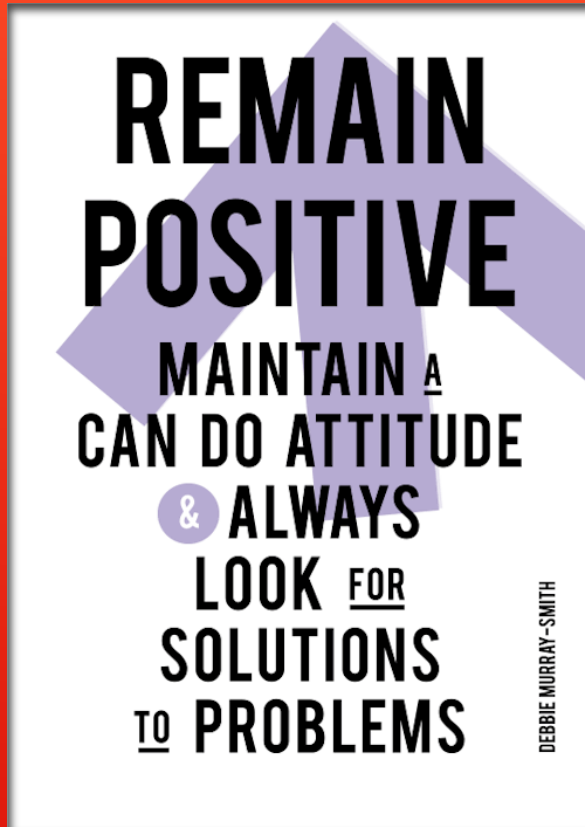


► The key to happiness it's realizing that it's not what happens to you that matters, it's how do you choose to respond.

KEY

By: Keith Harrell





You don't have to let
what others say affect
you negatively.
Others may say, but
choose your attitude.

EAR GATE

- ▶ The only power that criticism has is the power I give it transform I choose to grow the critics, What others say about me is none of my business.

CRITICAL CRISTISM

By: Keith Harrell



► I am always the water never the victim. With great resiliency I bounce back from every challenge.

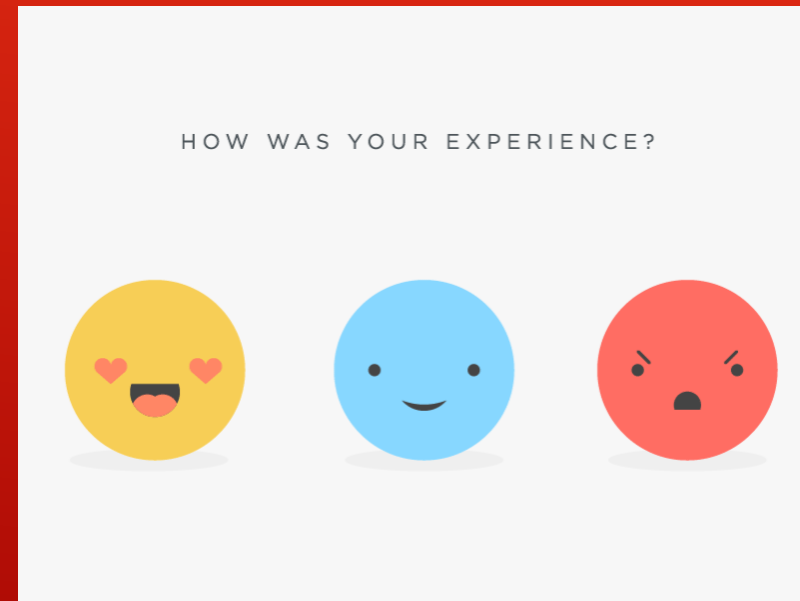


RESILENCY

Each experience in life only has the power you give it.

EXPERIENCE

By: Keith Harrell



- ▶ I make quality decisions every day and choose to be positive.

DECISIONS



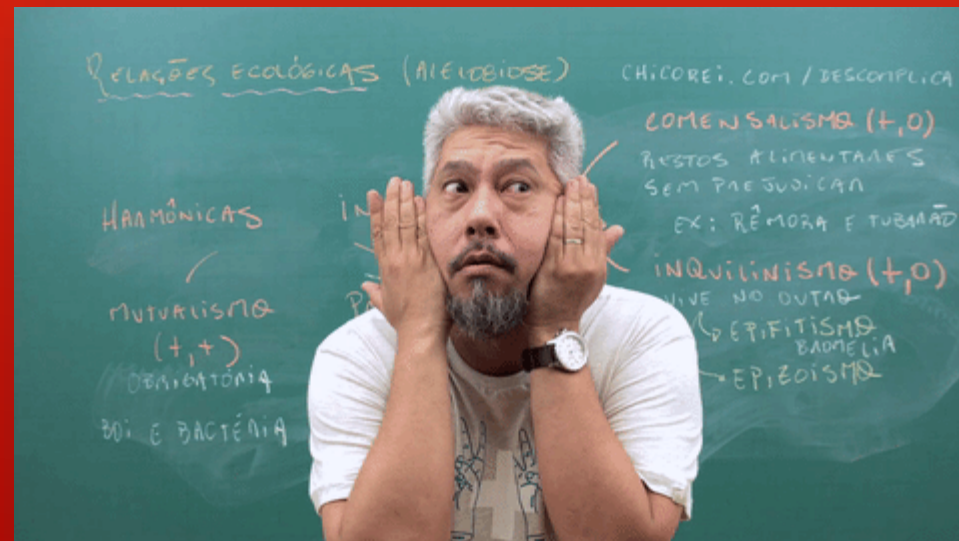
► Choice is the key to having a positive attitude.



CHOICE

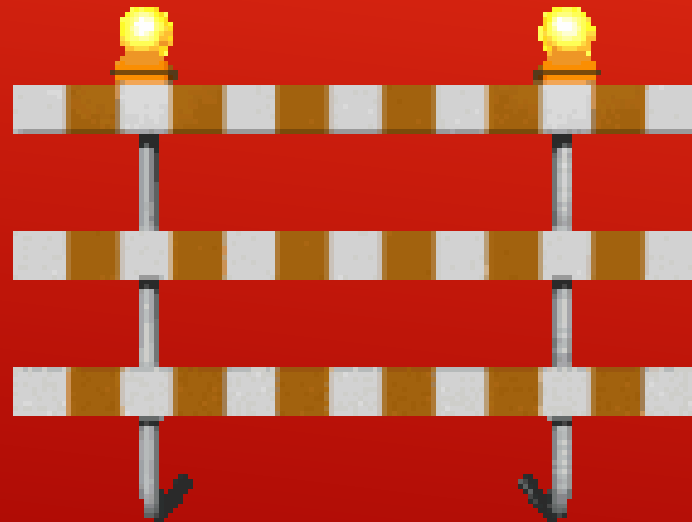
- There are many creative solutions available to resolve challenges you may face.

RESOLVE



► I focus on the positive side of life's challenges, and I overcome each roadblock I face.

FOCUS



► Transform your attitude
Accept responsibility what
goes on inside your mind.

MIND



By: Keith Harrell

22

Attitude is Everything



- By practicing self-awareness I escape the confinement of limitations. On a daily basis I overcome my current emotions and embrace the power of a expanded positive attitude.

SELF-AWARENESS

► You have the power to choose a positive attitude over a negative one

CHOOSE



► I begin exercising my personal power by choosing a positive attitude in every situation. “I am the master of my fate. I am the captain of my soul.”

EXERCISING

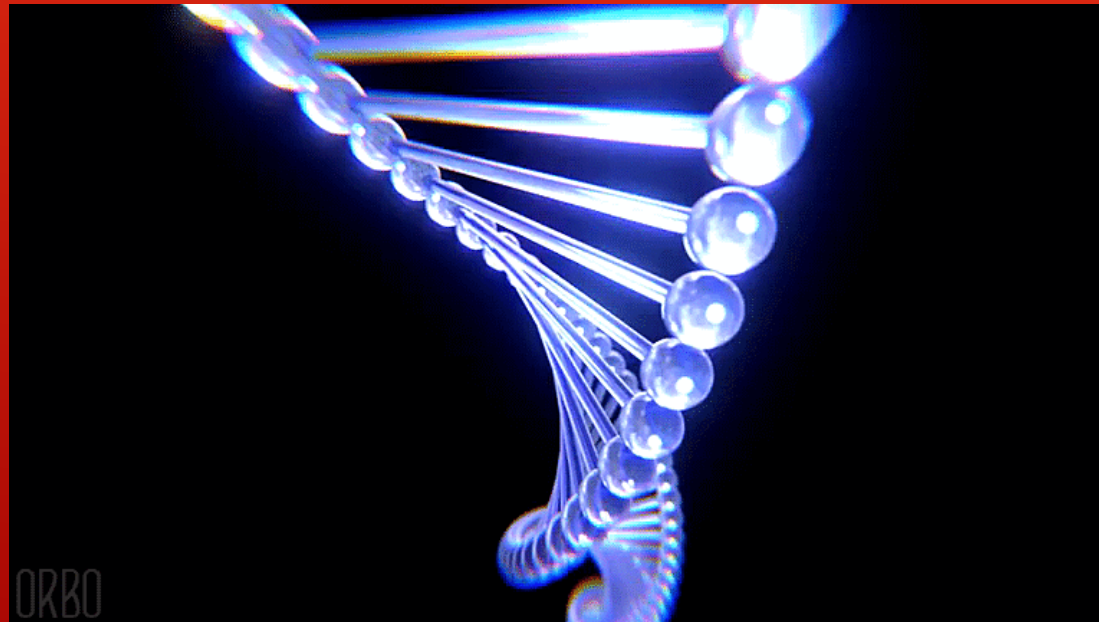
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- ▶ A positive attitude is not a product of genetics and hereridy, but is an acquired trait.

ATTITUDE

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► I tune up my attitude daily to build rewarding and increasingly positive life.

TUNE UP



27