



Attention Parents and Students!

Fall Sports Training Begins on July 31, 2023

Bowling (B/G) • Cross Country (B/G) • Football • Golf (B/G) • Swimming (B/G) – Volleyball (Girls)

Please reach out to the coach for time and location of practice.

Bowling - Boys/Girls: will meet the first week of school to put the team together

Volleyball - Girls: TRY-OUTS - July 31, August 1 & 2 from 8:30-10:30am each day; makeup try-out Wednesday, August 9 from 8:00am-12pm

Link to Coach Contact list: <https://miamibeachseniorhigh.net/wp-content/uploads/2023/07/MBSH-2023-2024-Interscholastic-Sports-Coaches-List.pdf>

Important Reminders:

Students will not be allowed to try out without an updated physical for 2023-2024 and paid insurance.

